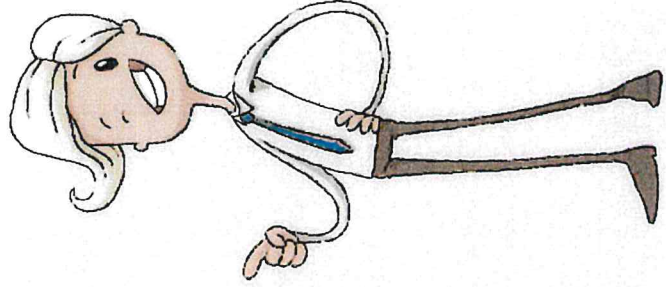


Largymore Primary School Choice Sept 2019 (YEARS 4-7)

school food
Try Something New Today
 www.schoolfoodni.com

Bread, salad, fruit, yoghurt, milk and water are available daily.

If you require any additional information on allergens or special diet please contact the school in the first instance



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One W/C: 02:09:19 W/C: 30:09:19 W/C: 04:11:19 W/C: 2:12:19	Oven Baked fish fingers Home made Cheese & Tomato pizza Chips/Jacket potato Seasonal salad Creamy Rice Pudding Fresh fruit salad	Pasta bolognaise Beef stew Creamed potatoes Seasonal salad Vanilla ice cream, Pears & Strawberry Jelly	Roast turkey & gravy, stuffing Oven Roast Potatoes Broccoli & cauliflower Fruit crumble & custard	Chicken curry & Brown rice Naan bread Filled Baguettes Seasonal Salad Crackers, cheese Selection of Fresh fruit	Chicken soup Crusty bread Hot dog Filled baguettes Seasonal salad/Coleslaw Cheese & tomato wrap Flakemeal biscuit Fresh fruit & milkshake
Week Two W/C: 09:09:19 W/C: 07:10:19 W/C: 11:11:19 W/C: 9:12:19	Oven baked sausages Ham & cheese Baguette Chips/Jacket potato Seasonal salad Baked beans Selection of yoghurts Fresh fruit salad	Savoury mince pie (S/B) Chicken wraps Seasonal salad/ Coleslaw Broccoli, gravy Creamed potatoes Baked potatoes Strawberry jelly & fruit Vanilla Ice cream	Roast Beef, gravy & stuffing Carrots & Parsnips Oven Roast Potatoes Chocolate & Mandarin sponge & Custard	Chicken curry, rice Naan bread Ham & cheese baguettes Herb diced potatoes Seasonal salad Fruit muffin & Raspberry milkshake	Oven baked salmon Peas Creamed potatoes Pasta spirals in tomato sauce Date fudge & custard
Week Three W/C: 16:09:19 W/C: 14:10:19 W/C: 18:11:19 W/C: 16:12:19	Cod fish fingers Pasta carbonara Creamed potatoes Steamed Peas/Baked beans Frozen strawberry mousse Fresh fruit Salad	Ham & Cheese pizza Chilli beef chips Baked potatoes Seasonal salad/ Coleslaw Vanilla rice pudding & Pineapples Milkshake	Roast Gammon, stuffing, gravy, broccoli & cauliflower Oven Roast potato & mashed potato Vanilla sponge & custard	Chicken curry & rice Naan bread Chicken casserole Creamed potatoes/carrots Home made cookies Yoghurts	Oven baked sausages with gravy Mashed potato Peas/ sweetcom Tuna mayo wrap Flakemeal biscuit & fruit
Week Four W/C: 23:09:19 W/C: 21:10:19 W/C: 25:11:19	Oven Baked chicken nuggets Sweetcorn/Baked beans Chips/Baked Potato Coleslaw/Seasonal salad Chicken salad wrap Fresh fruit mousse Fresh fruit salad	Breaded fish Garden peas Creamed potatoes Macaroni cheese Seasonal salad Chocolate sponge & custard	Roast Chicken, stuffing & Gravy Broccoli & carrots Oven roast Potatoes Creamed potato Ice cream/Fruit/Chocolate sauce	Chicken soup Crusty bread Hot dogs/ Seasonal salad Ham & Cheese Baguettes Flakemeal biscuit & milk	Chicken soup Crusty bread Hot dogs/ Seasonal salad Ham & Cheese Baguettes Flakemeal biscuit & milk

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