

GARDEN OLYMPICS

THE HOME SPORTS DAY

Whole
School
Prizes

P1 - 7 Colour Run

THE ULTIMATE
COLOUR RUN

20 School Sports Jerseys
Custom Designed

MFC
MADE FOR CHAMPIONS

Whole
Class
Prizes

- Over 50 whole class prizes
- Domino's Pizza Parties
- In class visits, trips, classes and activity sessions.
- See next page for list

Individual
Prizes



500
Custom
Garden
Olympics
Medals

COMPLETE 30 ACTIVITIES IN JUNE

Optional Daily Follow Along Videos

Live Stream Sports Day
June 22nd 2020

Supporting NSPCC

ChildLine

0800 1111



REGISTER ONLINE FOR FREE

www.ActivityNI.co.uk

Whole Class Prizes



Domino's®

Over 350 Pizzas for Class pizza Parties !!!



Daily Air-Tastic VIP Pass
given away for Video of the day!



Healthy Cooking
Workshop



Jo Jingles
Activity Session



Class Activity
Session

+ One Month FREE
Membership for Everyone
who enters.



Ice Cream
Class Party



Art & Design
Activity Session



Rainforest Animal
Class Party



Cupcake Class
Party



Smoothie
Class Party

FUNNYBONE MAGIC SHOWS

Class Magic Show



Class Bouncy Castle Party



Self Defence
Activity Session



Fudge / Truffles for all
Children + Teacher Gift



Class Activity
Session



Avengers School Visit

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HOW IT WORKS

Step



Parents must Register their child(ren) online at www.ActivityNI.co.uk



Print our Activity Tracker Template or we encourage children to create their own. See page 4 for Full coloured printable, Page 5 for Black / White copy, or page 6 for our Create you own Example.



Children must write down & Log 30 Activities during June 2020.

- Children can log any Activity they complete. You can complete more than one Activity a day, and can even complete more than 30!

Examples:

- Family Walk - 1st June
- Football in Back Garden - 2nd June
- Dance practice in Living Room - 2rd June
- Art Activity in Kitchen - 3th June

- List of Activities and follow along Guide on page 7.

- Follow **@ActivityNI** on Facebook for Daily follow along videos if you need inspiration!



Take a picture of your completed Activity Tracker page and send it to us!

Email = SportsDay@ActivityNI.co.uk

Facebook = Activity NI Post onto our wall or Private Message us.



Join our Online Live Sports Day - **Monday 22nd June** - Counts as 5 Activities!

- Follow along at home, Live at 1pm. We'll complete a wide range of Sports Day Activities including Sprint, Long Jump, High Jump, Balloon Games, Bean Bag Throw **AND MUCH MORE.**



Win Win Win.

- Everyone who completes the challenge will be entered into a Whole School, Whole Class & Individual prize Draw.

- Or Submit Videos as you complete Activities Daily to Facebook (ActivityNI) for a chance to win Daily Prizes.

Your school **MUST** be registered with us to win School / Class Prizes. If you didn't hear about us from you school (We've emailed all schools), please get a teacher to email Schools@ActivityNI.co.uk to register.

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GARDEN OLYMPICS

THE HOME SPORTS DAY

Activity Tracker

Example



Family Walk
Monday 1st June



Name:

GARDEN OLYMPICS

THE HOME SPORTS DAY

Activity Tracker

Example



Family Walk
Monday 1st June

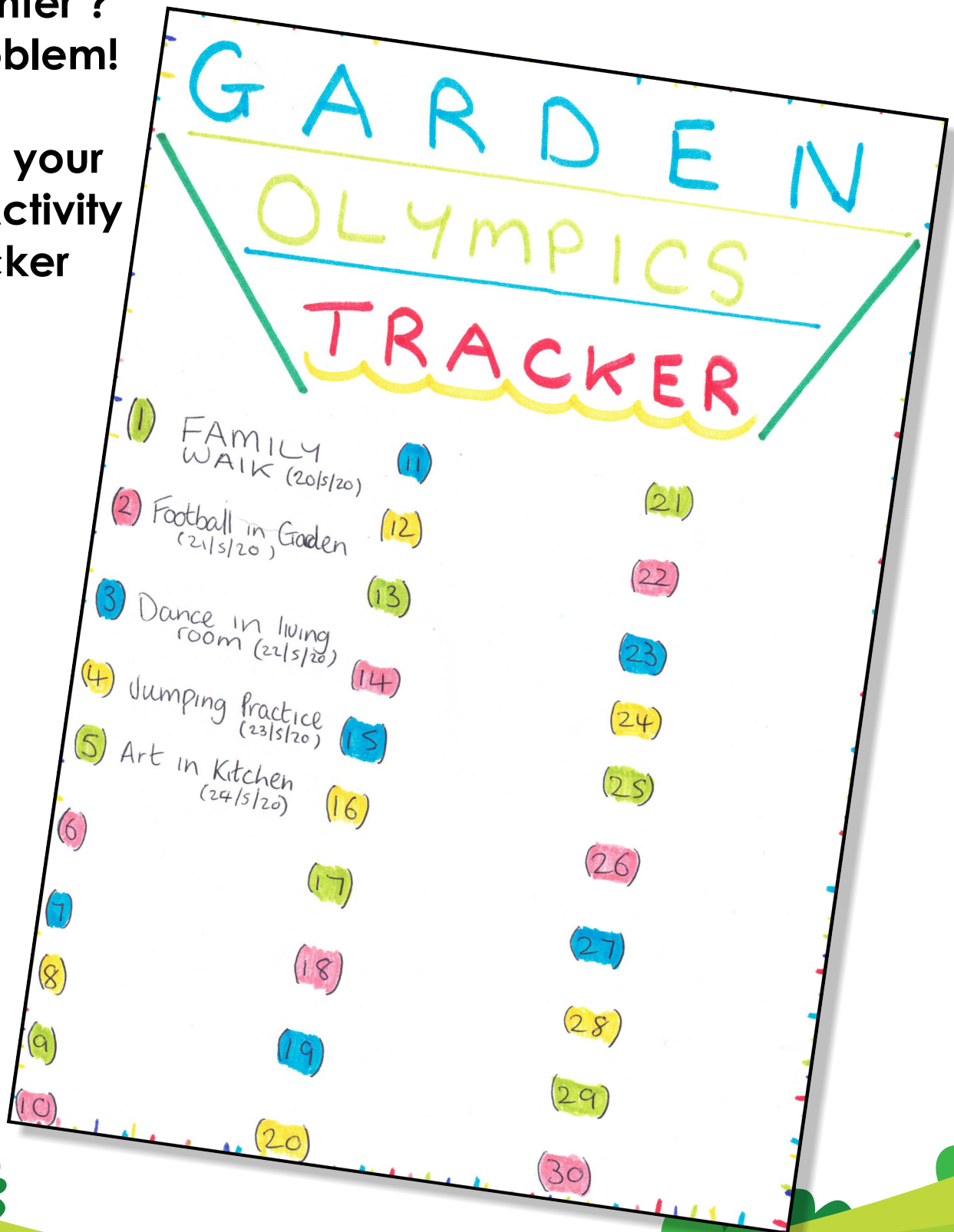


Name:

Activity Tracker

No Printer ?
No Problem!

Make your
Own Activity
Tracker



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www.ActivityNI.co.uk

Example Activities

- | | | | | | |
|----|-------------------|----|----------------|----|------------------|
| 1 | Garden Football | 11 | Cycling | 21 | Yoga |
| 2 | Joe Wicks Workout | 12 | Garden Sprints | 22 | Frisbee |
| 3 | Family Walk | 13 | Long Jump | 23 | Zumba |
| 4 | Art | 14 | Board Games | 24 | High Jump |
| 5 | Dancing | 15 | Bean Bag Throw | 25 | Egg & Spoon Race |
| 6 | Walking Dog | 16 | Cooking | 26 | Badminton |
| 7 | Animal Races | 17 | Gymnastics | 27 | Nerf |
| 8 | Skipping | 18 | Throw & Catch | 28 | Martial Arts |
| 9 | Basketball | 19 | Tennis | 29 | Gardening |
| 10 | Obstacle Course | 20 | Alphabetix | 30 | Skating |

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